



BAY AREA
AIR QUALITY
MANAGEMENT
DISTRICT

Spare the Air **ADVISORY**

Friday, August 27, 2004
For Immediate Release

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First Spare the Air Day of 2004 Declared for Saturday, August 28th

What: Air quality is expected to reach unhealthy levels tomorrow, **Saturday, August 28th**. The Air District is asking residents of the nine Bay Area counties to "Spare the Air" by reducing air polluting activities. Drive less, don't use a gasoline lawn mower and conserve electricity.

- **Because this Spare the Air falls on a Saturday, the free morning commute on BART will NOT be offered. The BART promotion is ONLY offered when a Spare the Air day falls on Monday through Friday.**
- "Wheels," the bus system of the Livermore-Amador Valley Transit Authority offers FREE rides on all Spare the Air Days.

Why: High pressure, escalating temperatures, and low winds create the conditions that cause polluting gases and certain chemical compounds to form ground-level ozone in excess of federal health standards.

Who: The air pollution levels expected Saturday are particularly harmful to those with asthma, respiratory or heart disease, young children and seniors. Vigorous outdoor exercise should be undertaken in the early morning hours.

Reduce Pollution:

- Carpool or take transit to outings. Call 511 or check www.511.org for transit information.
- Limit driving by combining errands into one trip.
- Refuel after 6 p.m. or wait until the following evening to pump gas.
- Put off yard work if you use gasoline-powered lawn and garden equipment. Postpone painting projects for another day.
- Start the barbecue without lighter fluid--use a chimney or electric starter instead.

For background and air quality information visit www.sparetheair.org.

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